

June Daily Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	9 am Ceramics* 10 am Oil Painting 10:30 am Line Dancing 1 pm -Darts - Carpet Bowling * Ceramics will resume September '19	7:30 a.m. Darts 9 am Table Tennis 10 am Oil Painting 10:15 a.m. Active Fitness 50+ 1 pm Bridge Cribbage 5 pm Kripalu Yoga 6:30 pm Pembroke Duplicate Bridge	7:30 am Active Fitness 50+ 9:30 am - computer 1-on-1 -Let's get fit -Art Discovery 1 pm -ZUMBA GOLD -Table Games Day	8:45 a.m. Active Fitness 50+ 10 am Watercolour classes Qi-Gong 10:30 am Yoga 1 pm Bid Euchre	8:30 am Active Fitness 50+ 9 am Hooks, Needles & Patchwork 10 am Tai Chi 1 pm Bunco	Saturday Kripalu Yoga with Lynn 9—10:30 a.m.

ADDITIONAL June ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3	4	5 Last day for Zumba Gold	6	7 Ice Cream Social 1:30 p.m.	8
9	10 Cartoon Drawing 1 p.m.	11	12 AGM 11 a.m.	13 Last day for Qi-Gong & Yoga 10 a.m.	14 Memoirs 11 a.m. Rock Painting 1 p.m.	15
16	17 Cartoon Drawing 1 p.m.	18	19 Book Club 12:30 p.m. Trip Down Memory Lane 2 p.m.	20	21 Last day for Tai Chi	22
23	24 Cartoon Drawing 1 p.m.	25	26 Chat Café 1:30 p.m. Diner's delight 5 p.m.	27	28 Centre Closed to observe Canada Day July 1!	29
30	July 1 Centre CLOSED	July 2 Centre open 9 a.m.—4 p.m.	July 3 Centre open 9 a.m.—4 p.m.	July 4 Centre open 9 a.m.—4 p.m.	July 5 Centre CLOSED	