

# May Daily Activities

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
	<b>9 am</b> Ceramics*  <b>10 am</b> Oil Painting  <b>10:30 am</b> Line Dancing  <b>1 pm</b> -Darts - Carpet Bowling  * Ceramics will resume September '19	<b>7:30 a.m.</b> Darts  <b>9 am</b> Table Tennis  <b>10 am</b> Oil Painting  <b>10:15 a.m.</b> Active Fitness 50+  <b>1 pm</b> Bridge Cribbage  <b>5 pm</b> Kripalu Yoga  <b>6:30 pm</b> Pembroke Duplicate Bridge	<b>7:30 am</b>  Active Fitness 50+  <b>9:30 am</b> - computer 1-on-1 -Let's get fit -Art Discovery  <b>1 pm</b> -ZUMBA GOLD -Table Games Day	<b>8:45 a.m.</b>  Active Fitness 50+  <b>10 am</b> Watercolour classes Qi-Gong  <b>10:30 am</b> Yoga  <b>1 pm</b> Bid Euchre	<b>8:30 am</b>  Active Fitness 50+  <b>9 am</b> Hooks, Needles & Patchwork  <b>10 am</b> Tai Chi  <b>1 pm</b> Bunco	Saturday  Kripalu Yoga with Lynn 9—10:30 a.m.

## ADDITIONAL MAY ACTIVITIES

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
Beginner Bridge Lessons 1 p.m.—to end of May			1	2 10 a.m. Watercolour classes	3 12:30 p.m. POA Lunch ' n Learn	4
5	6	7	8 1:30 p.m. Robbie Dean Centre Presentation	9	10 Memoirs 1 p.m. Downtown Connect	11 Downtown Connect
12	13	14	15 1:30 p.m. Book Club	16	17 Drawing with Friends 1 p.m.	18
19	20 CENTRE CLOSED Victoria Day	21 No Oil Painting 9:30 a.m. DOT Workshop 1:30 p.m. Coffee Afternoon	22 9:30 a.m. Digital Photography 1: 30 pm Chat Café 5:30 p.m. Diner's Delight	23	24 12:30 p.m. Jewelry Tea	25
26	27 Oil Painting resumes	28 Oil Painting resumes 10 a,m, Walk in Nature	29	30	31 O'Donnelll Trip	